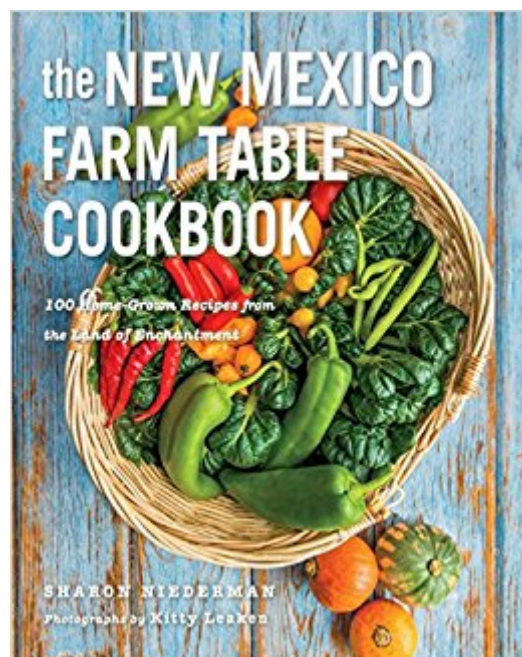




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The New Mexico Farm Table Cookbook: 100 Homegrown Recipes From The Land Of Enchantment (The Farm Table Cookbook)



Synopsis

If you think New Mexico cooking is all about burritos and enchiladas, you're in for a surprise! Long before eating "farm to table" was de rigeur, New Mexico's small farms and ranches provided its families and communities with homegrown vegetables, fruit, milk, meat, and eggs. The state's traditional cuisine, a mixture of Indian, Spanish, and Mexican flavors, is unique. Now you can learn its secrets and make its signature dishes wherever you call home. Interspersed with recipes for preparing New Mexico's distinctive bounty—its honey, pistachios, lavender, sweet peas, garlic, corn, lamb, beef, buffalo, goat cheese, apples, and pears, as well as its famous chiles—are profiles of its best food producers and purveyors. Learn the foodways of family farms and ranches, mom-and-pop cafes, and spirited restaurants, and meet the people who love preparing and presenting this nourishing and delightful cuisine. The New Mexico Farm Table Cookbook passes on to home cooks everywhere the state's most treasured recipes and techniques and its fresh takes on traditional ingredients; soon you'll be making the best green chile cheeseburgers, sourdough biscuits, chile rellenos, empanadas, mole, and more with readily accessible ingredients and simple, clear directions. Bring some New Mexico enchantment to your kitchen! 100+ color photographs

Book Information

Series: The Farm Table Cookbook

Paperback: 208 pages

Publisher: Countryman Press; 1 edition (May 4, 2015)

Language: English

ISBN-10: 1581572085

ISBN-13: 978-1581572087

Product Dimensions: 8 x 0.6 x 10 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #575,044 in Books (See Top 100 in Books) #132 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Southwest

Customer Reviews

Sharon Niederman is an award-winning Southwestern author and photographer living in northern New Mexico. She specializes in cuisine, travel, history, women's history, and

spirituality. Her 2012 book, *Signs & Shrines*, received the prestigious Lowell Thomas Travel Writing Award and the Society of American Travel Writers Gold Award. She has twice received the Border Regional Library Association Southwest Book Award for "literary excellence and enrichment of the cultural heritage of the Southwest." Her articles have appeared in *Sunset*, *New York Times*, *Boston Globe*, *Christian Science Monitor*, *Albuquerque Journal*, *Santa Fe New Mexican*, *Denver Post*, and many other publications. She serves on the board of the New Mexico Farm & Ranch Heritage Museum and is past president of New Mexico Press Women and the New Mexico Jewish Historical Society.

It gave a good overview of the heart of where NM cookery can be found. Anyone with family or ties to friends in NM should make this book a part of a personal cooking library.

Excellent photography! Love the recipes, and the few we have tried so far melt in your mouth, delicious!

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